

# W. C. SENIORS



Volume 2, Issue 1  
MAY 2011

## NEW WEB PAGE ENHANCED

Our new web page is now up and running thanks to Lori Rose, our volunteer. In some ways it is still a work in progress but you will notice much, much more information for each of our centers and for our other services.

Now added are our monthly activity calendars and a monthly lunch menu for our four centers.

Our aim is to have this newsletter on our web page at [www.worcoa.org](http://www.worcoa.org) and that this will be the last hard copy being mailed.

We will be publishing every quarter and hope that you enjoy our newsletter and look for us on the web. Remember, activities and menus are also there for you to see.

The web site will change periodically giving current events and programs that are changing, and being added. We hope this new information will help show our seniors how active we have become.

A special thanks to our own Debbie Ritter who worked hard with Lori to bring this web page up to date.

OUR NEW WEB PAGE  
[WWW.WORCOA.COM](http://WWW.WORCOA.COM)



## THIRD ANNUAL CAR SHOW

Again this year we will be having our car show and from all we are hearing the show will be better than ever! Mark your calendar for Saturday, May 14th and plan to attend.

We will be offering luscious barbeque chicken dinners at a low cost of \$7.50. This will be available from 11:30 to 2:00.

The show is open to all makes and models and for the first 100 applicants, photo car plaques will be given. In addition to the plaques, there will be 80 regular trophies and 5 four foot trophies awarded. Judging begins at 8:00 AM.

Plan to come and enjoy the fun.

**SEE FLYER ON BACK  
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## NEW FINANCE MANAGER

Back in August, 2010, a new fiscal director came on board to replace Lisa Powell who had been with the Commission on Aging, since 1997.

We welcome John Dorrrough to the Commission and wish him well. The joy of his life is Jo Ann, his wife of 34 years, and their four grown children and two grandchildren.

John's most recent professional experience includes his own accounting business, a supervisory position with the US Census Bureau, and Human Resource and Accounting responsibility with Oddi Atlantic, a former printing company in Princess Anne.



His educational background includes an Associates Degree in Accounting from Wor-Wic Community College and a Bachelor of Arts in Theology from Liberty Christian College in Pensacola, Florida.

When not keeping the Commission's finances on track, John is working on his 100 year old farm house and grounds. His hiking and sailing hobbies have taken a back seat for the time being.

## NATIONAL VOLUNTEER WEEK

We have so many wonderful volunteers that help serve our seniors in all our locations. We took April 11th through the 15th to recognize those that help us so much.

Our volunteers serve as people who deliver Meals on Wheels, serve our meals, help with crafts, play games, instruct on computers, and do anything that will help our frail and elderly.

Each volunteer was presented with a token of our appreciation and gratitude for just being such a great support system.

We appeal to all those that would consider helping at our four senior centers in Ocean City, Berlin, Snow Hill, and Pocomoke, and at the Snow Hill Medical Day Care. If you have time to help in any capacity, please call Debbie Ritter at 410-632-1277 ext. 105.

## SENIOR CELEBRATION AT CAMBRIDGE

Each year there is a Senior Celebration at Sailwinds Park in Cambridge. This year the event will be held on May 19th from 9 AM to 3 PM. Sailwinds Park is a lovely place right on the Choptank River. This event is sponsored by the Pleasant Day Medical Adult Day Care Center.

All the senior centers and the medical day care attend this party. Admission is free and so is the parking. And, it gets better. There is live entertainment all day long. In addition to the music, there are health screenings, vendors addressing senior issues, white elephant, and door prizes. That's not all! The food includes Eastern Shore Crab Cakes priced just for seniors. It is just plain fun!

Also offered are free tours of historic Cambridge but tours fill up quickly, so early registration is required.

Ask any of our seniors that attended in the past and they will tell you that some of our gang did actually win some of the door prizes.



The Worcester County Commission on Aging has attended this event for the past ten years or so and it keeps getting better and better. Everyone has a good time and the activities are all indoors. So rain or shine, we will be there. For information, ask any of the senior center coordinators.

Since this is a rain or shine outing, please consider the weather and dress accordingly.

## CAREGIVER'S NIGHT OUT

Finally there is respite for caregiver's! On Thursday evenings at the Worcester Adult Medical Day Service you can bring your loved one to the center from 5 PM to 9 PM. The fee for this service is \$5.00 per 1/2 hour, to be paid by cash or check.

During their stay, we provide non-medical supervision, a light dinner and dessert along with small group activities. These activities are geared to mentally stimulate and entertain.

A light dinner menu can be given to the caregiver by calling us at 410-632-0111 on Wednesday by 4 PM. Most likely the meal will consist of soup, sandwich, and a dessert.



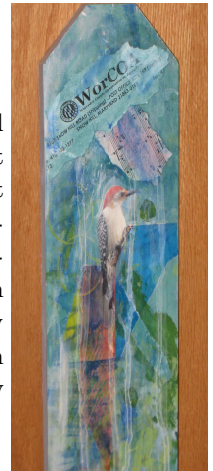
Caregiver's must schedule their Thursday evening out no later than the prior Tuesday by 4 PM. When calling to make all arrangements, information will be collected and recorded to be used for emergency and other pertinent information. This is a form that will need to be reviewed, signed and dated on the evening of attendance.

If you are a caregiver and are interested in this service and need more information, please call 410-632-0111 ext. 107. Try it! Go to Dinner! Go to the Movies! Sit in the Library! Take a Nap!

## WORCOA PARTICIPATES IN COMMUNITY ART PROJECT

Look for the WorCOA/MAP picket! WorCOA's Senior Support Program Coordinator and mixed media artist Terry Cullen painted a fence picket for Snow Hill's Community Art Project sponsored by Arts on the River to represent the agency. A call to the community was made for participation in a community fence project to uptick awareness of the traveling exhibit being brought to Snow Hill by the Smithsonian Institution's Museum on Main Street Program.

The program is entitled "Between Fences" scheduled to be at the Snow Hill Library July 1—August 21. Painted Pickets from various individuals and organizations will be assembled into a 40 foot fence located on the west side of Bank Street for Snow Hill's monthly First Friday celebration on June 3rd as a symbol of community spirit.



## OCEAN CITY SENIORS GO THEATRICAL



Shown above are the cast members of the Roaring 20's Show.

THIS PERFORMANCE WAS  
DEDICATED TO OUR COUNTY  
COMMISSIONER, LOUISE GULYAS

On April 6th, the talented seniors at Ocean City Senior Center held a fund raiser for the benefit of the center. Dennis Fox, the musical director started the show with a sing-a-long for the great audience that attended. The performance was called the "Roaring 20's" and it was in the true sense roaring.

The dancing groups "Razzmatazz Cuties" and the "Black Bottom" performed the Charleston and the Ocean City volunteers sang.

WBOC TV came and video taped the show and it was shown that evening (three times) on the 6 PM news.

So now that we are famous, please consider joining the Ocean City Senior Center so that you too can have fun. If you have any questions, call Ann Toney, the coordinator, at 410-289-0824.



**WorCOA**  
Worcester County Commission on Aging, Inc.

P.O. Box 159, Snow Hill, MD 21863


FIND US ON THE WEB AT:

[www.worcoa.org](http://www.worcoa.org)

Phone: 410-632-1277

Fax: 410-632-2613

**MARK YOUR CALENDAR  
FOR  
MAY 14TH  
SEE YOU THERE!**

 **WorCOA**  
Worcester County Commission on Aging, Inc.

**THIRD ANNUAL CAR SHOW**  
**OPEN TO ALL MAKES AND MODELS**

**May 14, 2011**  
(Rain date May 15, 2011)

**BBQ Dinner Available**  
11:30—2:00 p.m.

Free Admission for the General Public  
At  
The Charles & Martha Fulton Senior Center  
4767 Snow Hill Road, Snow Hill, MD  
¼ mile east on Route 12 from Route 113  
(BRICK BUILDING ON RIGHT NEXT TO THE FIRE STATION)

**FIRST 100 CARS – FREE PHOTO PLAQUE OF YOUR CAR**  
Judging begins at 8:00 a.m.  
80 trophies  
Four 4 foot trophies  
One 5 ft. trophy - Best of Show  
Registration fee at the door - \$12.00 PER VEHICLE

Registration is from 7:30 a.m. until 11 a.m.  
TROPHY PRESENTATION AT 3 p.m.

**ALL PROCEEDS TO BENEFIT  
WORCESTER COUNTY SENIORS**

**50/50**

**Door Prizes**

**Photography by:**  
WM. Gerald Hasty, Sr.

**Desserts**

**For information call:**  
Linda at - 410-251-0385  
Rob at - 410-632-1277  
Lloyd at - 540-421-0953

**Food & Drinks**